



## **AFTER YOUR ROOT CANAL TREATMENT**

You can help ensure the success of your endodontic (“root canal”) treatment by following these basic rules:

1. Your tooth may be sensitive for a time, following appointments. If this persists or if you experience swelling or an increase in discomfort, call our office immediately.
2. If your temporary filling should come out, call us right away so we can replace it. Use a gentle touch when brushing around the temporary filling.
3. Don’t eat or bite using the treated tooth until your crown or bridge preparation has been done (with placement of a temporary crown or bridge). Fractures of endodontically treated teeth are one of the main reasons for failure of this treatment (i.e., loss of the tooth). Easy does it!
4. The preparation for such a permanent restoration is recommended (based on research) to be done within 3 weeks of the completion of root canal treatment in order to prevent leakage of bacteria into the tooth, resulting in additional infection. Another common cause of failure of endodontically treated teeth is decay and/or additional infection because no permanent restoration was done.
5. Don’t hesitate to call us if you have any questions or problems!  
(504) 347-6000